

# Nutrition Facts

Potato Chips  
Serving Size 1 oz.

## Amount Per Serving

Calories 150

Calories from Fat 90

% Daily Value\*

Total Fat 10 gm

15 %

Saturated Fat 3 gm

15 %

Cholesterol 0 gm

0 %

Sodium 133 mg

6 %

Total Carbohydrate 15 gm

5 %

Dietary Fiber 0 gm

0 %





Sodium 133 mg 6 %

**Total Carbohydrate 15 gm 5 %**

Dietary Fiber 0 gm 0 %

Sugars 0 gm 0 %

**Protein 2 gm**

Vitamin A 0% • Vitamin C <2%

Calcium <2% • Iron <2%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g

Sodium 133 mg 6 %

Total Carbohydrate 15 gm 5 %

Dietary Fiber 0 gm 0 %

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Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4







# Nutrition Facts

Pretzels

Serving Size 1 oz.

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## Amount Per Serving

Calories 110

Calories from Fat 9

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% Daily Value \*

**Total Fat** 1 gm 2 %

Saturated Fat 0 gm 0 %

Cholesterol 0 gm 0 %

Sodium 450 mg 19 %

**Total Carbohydrate** 22 gm 7 %

Dietary Fiber 0 gm 0 %

Sugars 0 gm 0 %

**Protein** 3 gm

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Sugars 0 gm 0 %

Protein 3 gm





# DID YOU KNOW?

Please Take A Leaflet

New McLean Deluxe.  
Hold the fat.

We're lowering  
our cholesterol. 10

We're lowering  
our cholesterol. 10

100% pure beef. 2

We're lowering  
our cholesterol. 10

What's not nutritious  
in our salad? 1

What's not nutritious  
in our salad? 1

Introducing our  
lowfat breakfast. 4

Calories. 11





















